Leek and Mackerel Pasta Bake



agentsoffield.com/2017/02/01/leek-and-mackerel-pasta-bake/

by Agents of Field

LEEK AND MACKEREL PASTA BAKE

Prep: 10 mins Cook: 20 mins: Serves: 4

Ingredients

250g penne

300g leeks (about five small homegrown leeks, trimmed and chopped)

4 garlic cloves, finely chopped

A few sage leaves, chopped

2 smoked and peppered mackerel fillets, flaked

300ml creme fraiche

30g breadcrumbs

1 tbsp horseradish sauce

Squeeze of lemon

Knob of butter

Method

Bring a pan of salted water to the boil and cook the pasta according to instructions.

Meanwhile, in a larger pan, gently sauté the chopped garlic, sage and leeks in the butter for ten to fifteen minutes.

Heat the grill.

When the leeks are soft, stir in the creme fraiche, flaked fish, horseradish sauce and add a squeeze of lemon. Turn off the heat and stir well.

Drain the pasta and add to the leek mix. Stir it all together. (Adjust the seasoning if you need to, although I find this is one of the few dishes which requires no additional salt or pepper; the mackerel provides it all!)

Tip everything into a baking dish, smooth the top and scatter with the breadcrumbs. Grill for about ten minutes until golden brown.